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50 Everyday English Idioms with Hindi Meanings

No.	Idiom	Hindi Meaning	Example Sentence	Tip
1	A piece of cake	बहुत आसान	The test was a piece of cake for me.	Use when something feels effortless.
2	Break the ice	माहौल हल्का करना	He told a joke to break the ice.	Great for starting new conversations.
3	Hit the nail on the head	सही बात कहना	You hit the nail on the head about the issue.	Perfect for meetings or discussions.
4	Once in a blue moon	बहुत कम	I eat pizza once in a blue moon.	Use when something rarely happens.
5	Under the weather	बीमार महसूस करना	I'm a bit under the weather today.	Use when you're not feeling well.
6	Spill the beans	राज़ खोल देना	He accidentally spilled the beans about the surprise.	Use when someone reveals a secret.
7	Burn the midnight oil	देर रात तक काम करना	She burned the midnight oil to finish her project.	Perfect for students and workers.
8	Cost an arm and a leg	बहुत महंगा	That watch costs an arm and a leg!	Use for expensive things.
9	Hit the sack	सोने जाना	I'm tired, going to hit the sack now.	Casual, friendly phrase for sleep.

10	Let the cat out of the bag	रहस्य खोल देना	He let the cat out of the bag before the event.	Similar to “spilling the beans.”
11	The ball is in your court	अब फैसला तुम्हारे हाथ में है	The ball is in your court — decide soon.	Use when giving responsibility.
12	A blessing in disguise	छिपा हुआ वरदान	Losing that job was a blessing in disguise.	Good for positive outcomes from setbacks.
13	Actions speak louder than words	काम बातें से ज़्यादा कहते हैं	Actions speak louder than words in leadership.	Excellent for motivation or teamwork.
14	Add fuel to the fire	आग में घी डालना	His rude comment added fuel to the fire.	Use when something makes a bad situation worse.
15	Beat around the bush	बात को घुमाना	Stop beating around the bush and answer directly!	Use when someone avoids the point.
16	By heart	याद होना	I know the poem by heart.	Use when you memorize something fully.
17	Call it a day	काम बंद करना	Let’s call it a day and go home.	Use after finishing work.
18	Devil’s advocate	बहस में विरोधी पक्ष लेना	He played devil’s advocate just to test the idea.	For critical discussions or debates.
19	Every cloud has a silver lining	हर बुराई में कुछ अच्छा होता है	Don’t worry — every cloud has a silver lining.	Use for encouragement.
20	Get cold feet	डर जाना	He got cold feet before the presentation.	Use when someone hesitates at the last moment.
21	Go the extra mile	अतिरिक्त मेहनत करना	She always goes the extra mile for her students.	For appreciation or praise.

22	In hot water	मुश्किल में पड़ना	He's in hot water for missing the deadline.	Use for trouble situations.
23	Jump the gun	जल्दबाज़ी करना	Don't jump the gun — wait for instructions.	Use when someone acts too early.
24	Kill two birds with one stone	एक तीर से दो निशाने	I studied and relaxed — killed two birds with one stone.	Use when one action achieves two results.
25	On cloud nine	बहुत खुश	She was on cloud nine after her promotion.	Use for extreme happiness.
26	Out of the blue	अचानक	He called me out of the blue last night.	Use for unexpected events.
27	Pull someone's leg	मज़ाक करना	Don't be angry, I was just pulling your leg!	Light-hearted and fun.
28	See eye to eye	सहमत होना	We rarely see eye to eye on politics.	Great for discussions.
29	Hit the books	पढ़ाई शुरू करना	Exams are near — time to hit the books.	Common student idiom.
30	In the same boat	एक जैसी स्थिति में	We're all in the same boat with tight deadlines.	Use to show shared problems.
31	Take it with a grain of salt	पूरी तरह विश्वास न करना	Take his story with a grain of salt.	Use when being cautious.
32	Burn bridges	रिश्ते तोड़ देना	Don't burn bridges with old friends.	Use for relationships or business.
33	Let sleeping dogs lie	पुरानी बात न छेड़ना	Let sleeping dogs lie — don't start that topic again.	Use to avoid conflict.
34	Bite the bullet	कठिन काम करना	I bit the bullet and told her the truth.	Use for courage.

35	Break a leg	शुभकामनाएँ देना	Break a leg before your performance!	Theatre idiom for good luck.
36	Elephant in the room	बड़ा अनकहा मुद्दा	We need to talk about the elephant in the room — finances.	Use when people ignore a major issue.
37	A fish out of water	असहज महसूस करना	I felt like a fish out of water at the party.	Use when someone feels out of place.
38	Back to the drawing board	फिर से शुरू करना	The plan failed — back to the drawing board.	Use for new beginnings.
39	Cry over spilled milk	बीती बात पर पछताना	Don't cry over spilled milk; move on.	Use for letting go of mistakes.
40	Cut corners	कम मेहनत में काम करना	They cut corners to save money.	Use for poor-quality work.
41	Face the music	परिणाम झेलना	He must face the music for his actions.	Use when taking responsibility.
42	In black and white	साफ़ तौर पर लिखा हुआ	Everything is written in black and white in the contract.	Use for clarity.
43	Jump on the bandwagon	ट्रेंड पकड़ लेना	Everyone's jumping on the bandwagon of AI learning.	Use for trends.
44	Keep an eye on	ध्यान रखना	Keep an eye on your wallet in the crowd.	Use for alertness.
45	Leave no stone unturned	कोई कोशिश बाकी न छोड़ना	She left no stone unturned to find her lost dog.	Use for determination.
46	Make ends meet	खर्च चलाना	It's hard to make ends meet these days.	Use for financial talks.

47	Miss the boat	मौका चूक जाना	He missed the boat by applying late.	Use for lost opportunities.
48	On the fence	असमंजस में	I'm on the fence about taking that job.	Use for indecision.
49	Time flies	समय जल्दी बीतना	Time flies when you're having fun.	Use for nostalgia.
50	The early bird catches the worm	जल्दी उठने वाला सफल होता है	The early bird catches the worm — wake up early!	Classic for motivation.

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